

## **Executive Coaching by ALC**

At Abundance Leadership Consulting, we believe in building teams to create the biggest impact! In the Team Leadership Coaching Program, we focus on growing the skills of your staff while also giving them tools to thrive to create high functioning team that can thrive and sustain in even the most challenging times. Our coaching style is unique, and includes traditional methods that you will find in executive and management coaching, while also providing specialized skills in energy management and peak performance coaching. It is our unique blend of coaching that yields some of the highest results. We can't wait to bring our expertise to your team!

**Who:** Coaching for senior level managers and high performing/key talent.

**What:** Through executive coaching, we seek to provide a customized set of resources to expand and take each leader's potential to the next level. This is accomplished through regular coaching sessions and continual communication between the individual leader and coach. This one-on-one strategic partnership will serve to maximize performance and improve business outcomes.

**Goal:** to work with senior level managers and high performing/key talent for the purpose of improving impact and team performance

**Coaching services:** The goal of these coaching services is to build a high performing, highly effective team that is rejuvenated and sustained through even the most stressful times with high energy, gratitude and peak performance

- Enhance and strengthen leadership and executive skills that yield meaningful outcomes
- Increase self awareness and emotional intelligence
- Strength relationships through effective communication
- Build upon your leadership brand to leverage and influence key stakeholders
- Gain language and awareness of cultural competency, unconscious bias and inclusion and use this in your executive leadership

Our mission at ALC is to give you the skills and tools you need to best lead your team. For more information, contact Jennifer Sconyers and 614-477-7287 or [info@jennifersconyers.com](mailto:info@jennifersconyers.com)